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Your True Colours

So many articles tell you how you should and shouldn't choose a theme and colour scheme for your wedding. This is very confusing! Who should you really listen to? Who is a true expert? The way you decide to theme and decorate your big day has a lot to do with how you express yourself in general.

As a Personal Stylist and Image Consultant, I believe that your clothes and the objects and colours you surround yourself with are an extension of who you are – your personality, lifestyle and personal preferences. So, the mood you set for your wedding should be no different – it should be an expression of who you are. Are you a more sophisticated classic type? Or perhaps a creative person with “out-of-the-box” ideas? Are you a little more relaxed in personality and style and prefer comfort and simplicity? Or are you a dramatic type who goes for the high impact, bold statements? Whoever you are – use your decor and colour scheme to express your personality so that you feel comfortable and at ease in your surroundings, knowing that this is visualization of who you really are!



When it comes to the joining two people for life, combining cultural influences and traditions as a theme is a great way to express the coming together of two people, and in Australia – often the joining of two exotic cultures! Once you have decided on your theme choosing your colour scheme should be a little easier. Every color represents a feeling or a mood. You can choose the color for your wedding based on the mood you want to express. But, if you feel a little lost you may want to consider using an experienced colour professional who will start you off on the right foot and help you find the perfect colour to make you both look and feel fantastic.

It is very important to use colours which support your own colouring, without taking over. Using the wrong colour can be very unflattering, so to make sure you get it right on your wedding day, don't take advice from anyone who is not a professionally trained Colour Consultant. Once you have found out what colours works best for you - use the same color theme throughout the wedding, from flowers and dresses to decorations and thank you cards, in order to create harmonious consistency.

It would be fabulous to include your guests! Many invitations add a dress code, which gives you the opportunity to suggest a colour for your guests to wear! For example: "Dress code: Smart Cocktail with a splash of Red!" Your guests wearing a dash of your chosen colour will make for spectacular photos!

Written by Elli Lavon of Elevate



Images Courtesy of Elevate

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What does your image say about you???

Elevate is about knowing who you are and expressing yourself through the way you look!!!

Learn to recognize colours which make you look gorgeous and colours you should stay away from at all costs!

Learn how to dress for your personality and figure. Highlight your best features and draw attention away from the problem areas so that you always look and feel special and unique. Because you are!

Coordinating your wardrobe will become unbelievably easy, and shopping – a breeze!

Become who you want to be! Elevate!

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